



## Clinical case

# Arthrogyposis multiplex congenita associated with intraoral changes – Multidisciplinary approach



Helena Maltez Rodrigues\*, Pedro Colaço Botelho, Paula Vaz, Pedro Mesquita, Maria João Ponces

Faculdade de Medicina Dentária da Universidade do Porto, Porto, Portugal

### ARTICLE INFO

#### Article history:

Received 30 July 2014

Accepted 26 June 2015

Available online 10 August 2015

#### Keywords:

Tooth root

Short

Orthodontics

Arthrogyposis

### ABSTRACT

This article presents the clinical case of 21 years old female patient reporting history of Arthrogyposis Multiplex Congenita (AMC). The extraoral examination disclosed clinical AMC pathognomonic signs. The intraoral examination revealed slight compression of the maxillary arch, conical upper lateral incisors, absence of 17 and 35, 53 persistence, upper cuspids inclusion and agenesis of third molars. Additionally, there was a severe generalized shortening of the tooth roots, with a general 1:1 root/crown proportion. The extraction of 23 was planned due to its maxillary position. Relatively to the 13, the orthodontical traction with a microimplant was the option. Treatment planning established orthodontics to restore esthetics and function followed by rehabilitation with implants. Finally, the esthetic composite restorations of 12 and 22 were programmed, given the limited prognosis presented by fixed prosthesis in the cases of root/crown low proportions.

© 2015 Sociedade Portuguesa de Estomatologia e Medicina Dentária. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

### Artrogrípse Múltipla Congénita associada a alterações – intraorais abordagem multidisciplinar

### RESUMO

Este artigo apresenta um caso clínico de uma paciente de 21 anos, do sexo feminino, que relatou história de Artrogrípse Múltipla Congénita (AMC). O exame extraoral revelou sinais clínicos patognomónicos de AMC. O exame intraoral revelou compressão da arcada maxilar, incisivos laterais superiores conóides, ausência do 17 e do 35, persistência do 53, inclusão dos caninos superiores e agenesia dos terceiros molares. Adicionalmente, verificou-se um encurtamento radicular severo generalizado, com a maioria das proporções raís/coroa 1:1. Foi planeada a extracção do 23, dada a sua posição na maxila. Relativamente ao 13, a tração ortodóntica com um microimplante foi a opção eleita. Planeou-se o recurso

#### Palavras-chave:

Raiz dentária

Curta

Ortodontia

Artrogrípse

\* Corresponding author.

E-mail address: [helenamaltezrodrigues@gmail.com](mailto:helenamaltezrodrigues@gmail.com) (H.M. Rodrigues).

<http://dx.doi.org/10.1016/j.rpemd.2015.06.002>

1646-2890/© 2015 Sociedade Portuguesa de Estomatologia e Medicina Dentária. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

à ortodontia para restabelecer estética e função, seguida de reabilitação com implantes. Finalmente, planearam-se restaurações estéticas a compósito nos dentes 12 e 22, dado o limitado prognóstico oferecido pela prótese fixa em casos de baixas proporções raiz/coroa.

© 2015 Sociedade Portuguesa de Estomatologia e Medicina Dentária. Publicado por Elsevier España, S.L.U. Este é um artigo Open Access sob a licença de CC BY-NC-ND (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

## Introduction

Arthrogyposis Multiplex Congenita (AMC) is a rare congenital disorder,<sup>1</sup> affecting 1 in 3000<sup>2-4</sup> to 1 in 12,000<sup>5</sup> newborns. It involves the presence of multiple non-progressive,<sup>1,3</sup> symmetric joint contractures,<sup>1,3,4</sup> sometimes associated with muscle weakness and fibrosis.<sup>1</sup>

This disease can present an isolated form or it can also be associated with other congenital anomalies, as part of a syndrome, with or without central nervous system involvement.<sup>6</sup>

This condition's etiology is considered multifactorial and may be presented as a monogenic disease (autosomal recessive transmission, autosomal dominant or associated with the X chromosome), as a chromosomal disorder or as a congenital malformation (involving various organs).<sup>7</sup> AMC may also be associated with environmental factors such as infections, drugs administration, trauma, chronic diseases, oligohydramnios or abnormal uterus structure (affecting the mother and the developing fetus).<sup>7</sup> These factors described in the etiology of AMC are also common to approximately 7% of the congenital abnormalities in general.<sup>3</sup>

In the recognition of early clinical signs of AMC, in the last months of pregnancy, decreased fetal movement (fetal akinesia) is considered a common denominator to all AMC affected individuals, conditioning a variety of minor fetal deformities. It is important to notice the absence of movement, essential for joints and periarticular tissues development, leads to an increase of connective tissue around the immobilized joint with rippling of the skin covering the joint, muscle atrophy and changes in the joint surface depending on the position of the immobilization.<sup>3,8</sup>

The involvement of the temporomandibular joint (TMJ) is a common AMC complication, conditioning the mandibular kinetics.<sup>2,9</sup> Other common features include the presence of micrognathia,<sup>2,8</sup> slightly shortened limbs, intrauterine growth restriction, pulmonary hypoplasia and short and/or immature bowel.<sup>8</sup> Some cases of AMC were also found associated with the presence of upper lateral conoid incisors,<sup>10</sup> hypodontia<sup>11</sup> and delayed tooth eruption.<sup>2</sup>

This paper focused on the presentation of a clinical case of AMC, emphasizing oral and craniofacial abnormalities and proposing a treatment approach.

## Case report

A female patient, 21 years old, attended a dental appointment to assess orthodontic treatment need, referring the closure of existing dental gaps in the upper anterior arch as a priority. During the anamnesis, the patient reported an AMC history, diagnosed since childhood.

The extraoral clinical examination (Fig. 1) revealed pathognomonic clinical signs of AMC: multiple joint contractures, short stature, low set ears and dysplasia of the fingernails and toenails deployment. The analysis stressed a thin hypertonic upper lip and a low smile line. TMJ clinical examination (by palpation, auscultation and mandibular kinetics evaluation) discarded clinical signs of temporomandibular disorder. The intraoral clinical examination (Fig. 2) showed a slight compression of the maxillary arch with anterior cross bite on teeth 12 and 22, Class II molar, decreased vertical overbite, upper lateral conoid incisors, absence of 18, 17, 13, 23, 28, 38, 35 and 48 and persistence of 53. In order to assess dental arch discrepancy, Bolton analysis<sup>12</sup> revealed a discrepancy with excess on lower anterior arch (Fig. 3).

Panoramic X-ray (Fig. 4A) complemented by a retroalveolar X-rays status (Fig. 4B) revealed the inclusion of upper cuspid, agenesis of third molars (upper and lower), absence of 17 and 45 and a generalized severe dental root shortening.

Ricketts cephalometric analysis (Fig. 4C and D) revealed a skeletal Class II, with a retro and micrognathic mandible, an orthopositioned maxilla, a mesocephalic facial type, proclined and orthopositioned upper and lower incisors, a decreased interincisal angle and a lip retraction. Functional analysis according to Multifunction System (MFS) classification<sup>13</sup> showed type 1 nasal collapse (narrow nostrils without collapse), type 2 adenoids (slightly convex), type 2 tonsils (appear slightly), normal swallowing, nasal breathing, type 1 tongue mobility level (tongue touches the palate). In order to improve

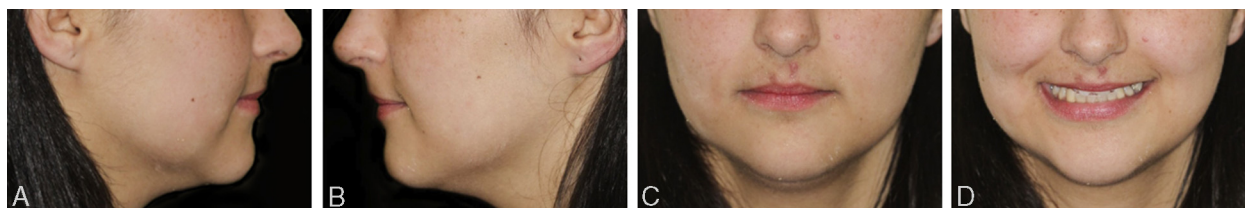


Fig. 1 – Facial appearance at rest – (A) right side, (B) left side, (C) front, (D) smile.

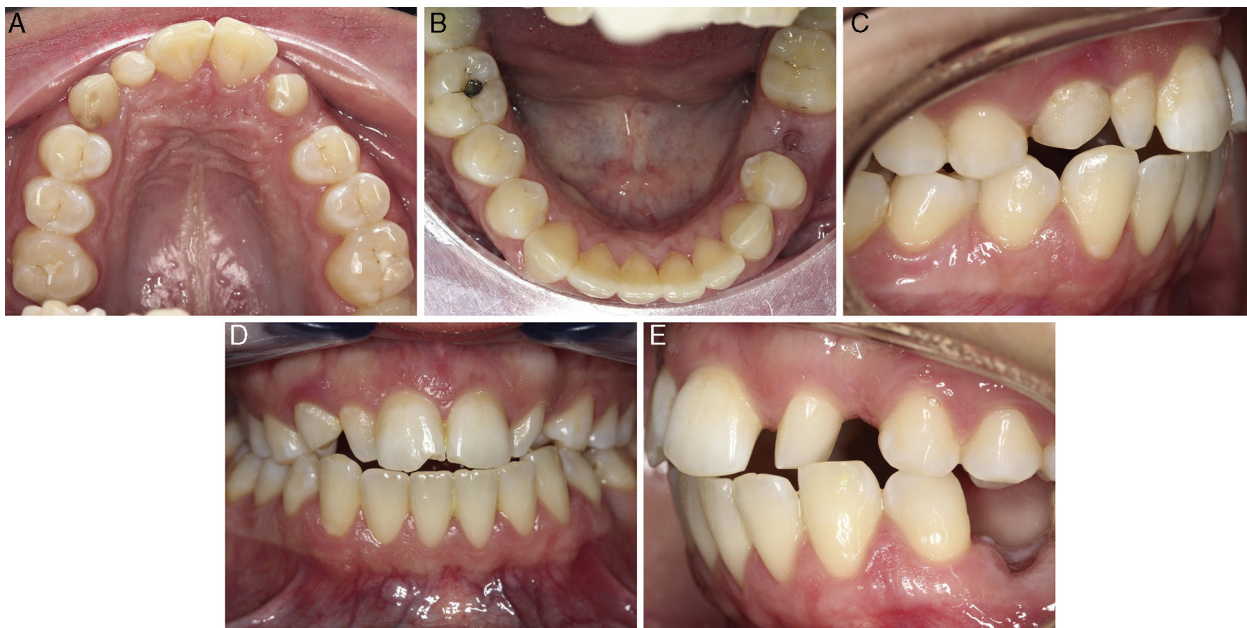


Fig. 2 - Intraoral photographic status (A) upper occlusal, (B) lower occlusal, (C) right side, (D) front side, (E) left side.

the perception of cuspid location, a computed tomography (CT) was requested (Fig. 5).

**Discussion and conclusions**

Root shortening is a rare finding occurring in about 1.3% of general population, more frequent in females and involves mostly premolars and maxillary incisors<sup>14</sup> with no reports of its association with AMC.

There are several radiographic measurement techniques of root/crown ratio (R/C) described in literature. In the present

study the Lind method<sup>15</sup> was the one selected for the assessment. According to it, the interproximal concavities between root and crown correspond to x and y points, being m the midpoint of x-y segment. The relative root length is calculated from the apex to m point and the relative coronal length is the distance between m point and the midpoint of the incisal edge. The performed evaluation revealed that most of the patient's teeth had a R/C ratio  $\leq 1.0$  (Fig. 6). According to Jakobsson et al.,<sup>16</sup> roots are considered short when  $R/C \leq 1.1$ .

In AMC cases, despite the limitations caused by dental morphology, orthodontic treatment can be considered in order to

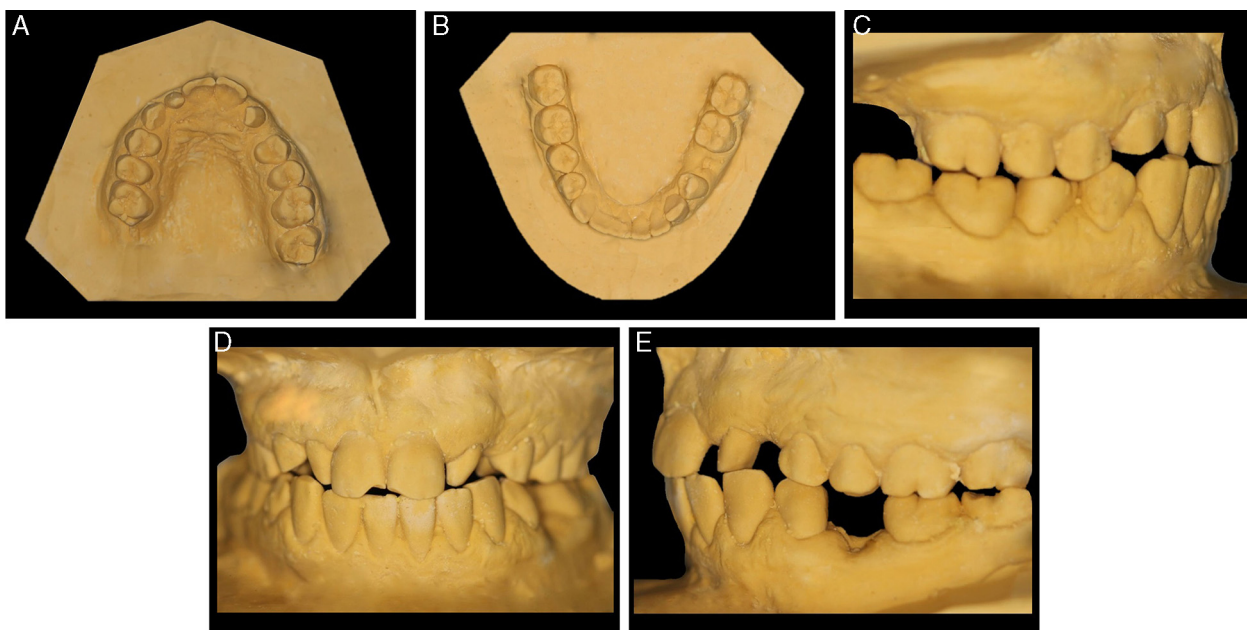
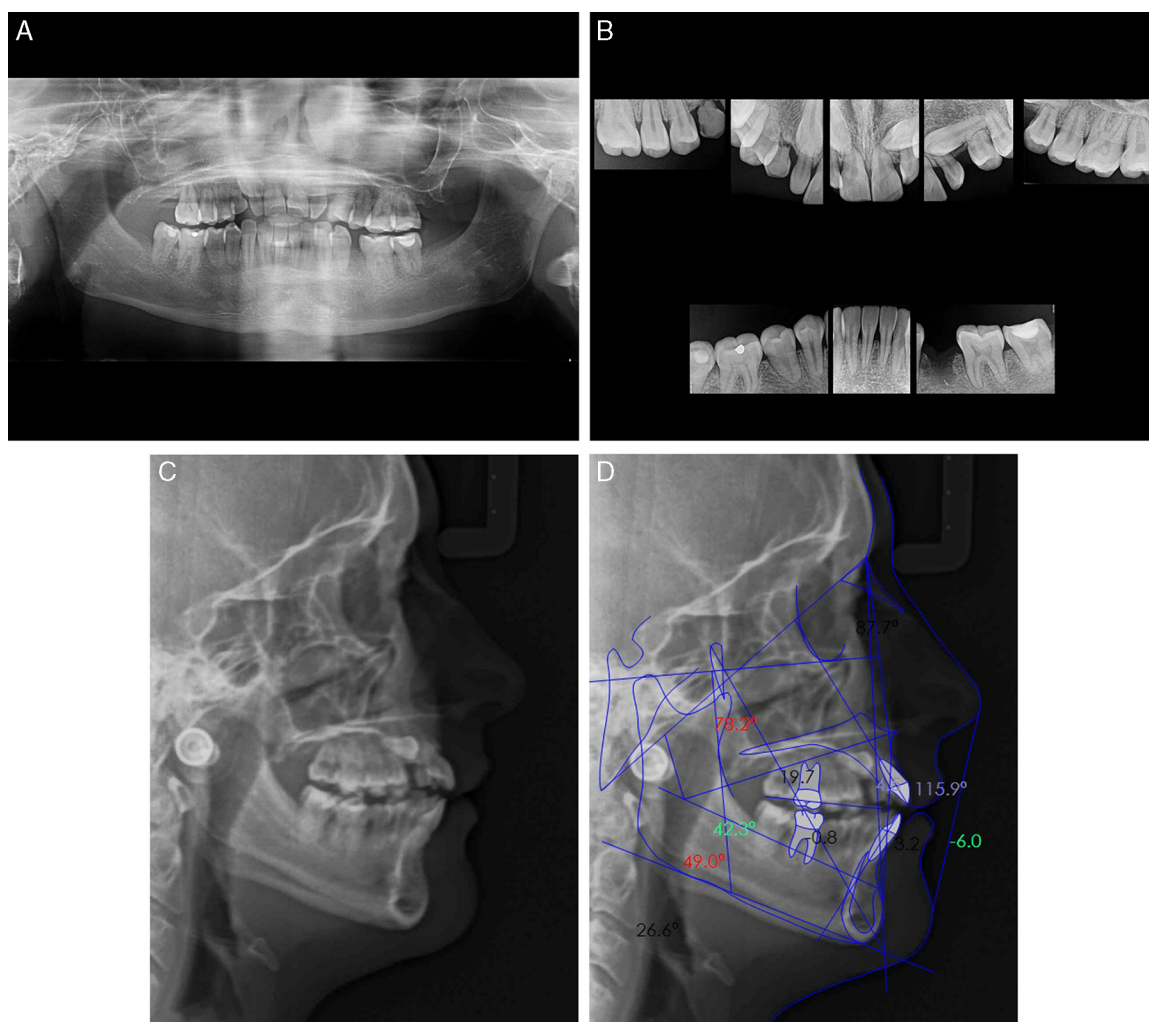


Fig. 3 - Dental casts (A) upper occlusal, (B) lower occlusal, (C) right side, (D) front side, (E) left side.



**Fig. 4 – Diagnostic records (A) panoramic X-ray, (B) periapical radiographs, (C) cephalometric radiography, (D) ricketts cephalometric tracing.**

enable opening spaces for rehabilitation with dental implants in an attempt to restore the appearance and function. Partial fixed appliances may be used to avoid compromising periodontal structures of adjacent teeth while opening spaces for rehabilitation. However, partial appliances do not fix all dental positions and may pledge reaching goals related to the establishment of an ideal functional occlusion. Relative position and possibility of orthodontic traction of impacted teeth should be carefully considered prior to treatment. Bringing the impacted canine into a normal position is important in achieving a functional occlusion and final esthetics of orthodontic treatment, but factors such as height of the impacted canine, angulation of the long axis to the upper midline, canine mesiodistal position of the tip relative to the midline, adjacent incisors and the anteroposterior position of the canine root apex should also be considered.

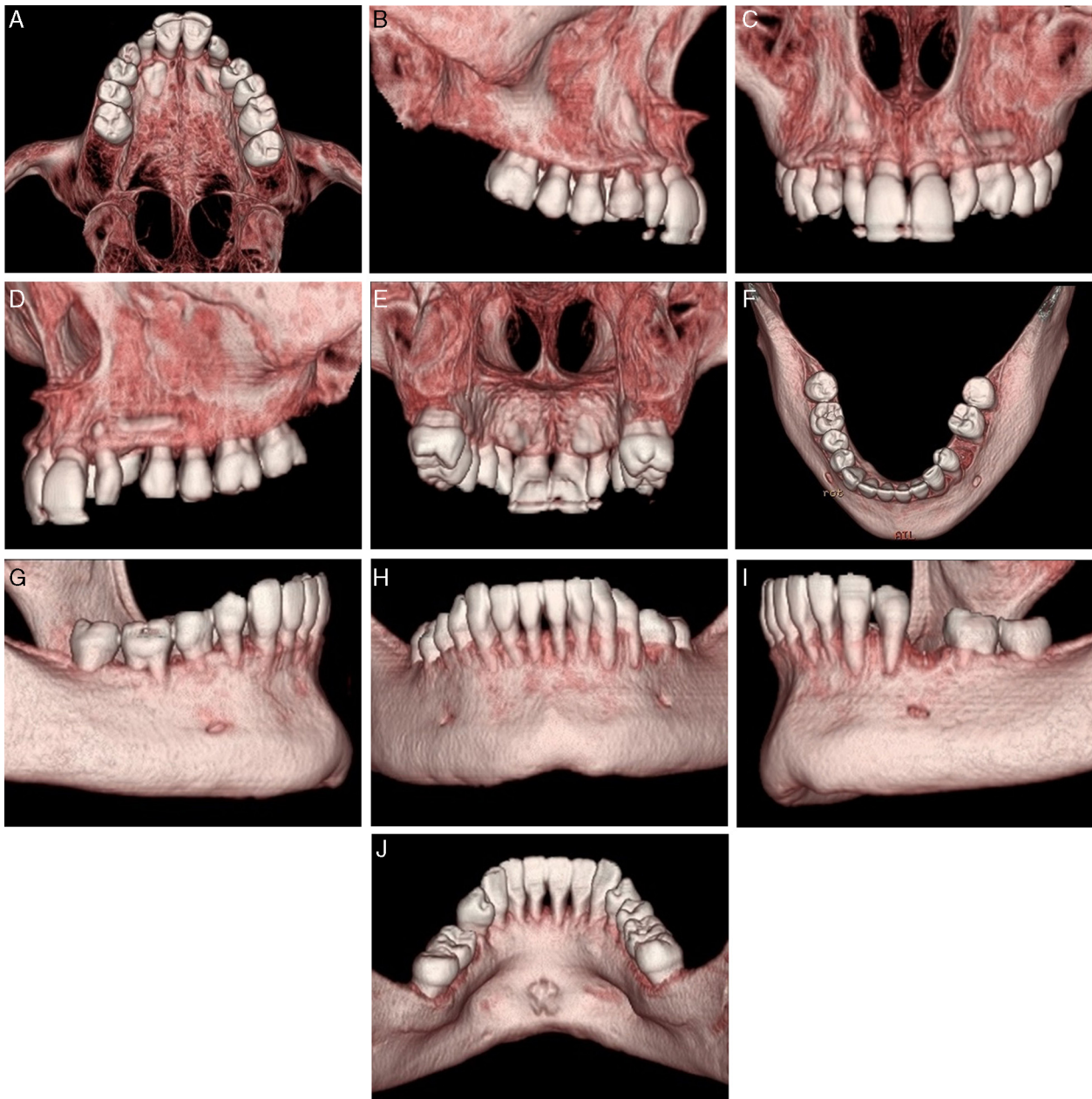
In this particular case, the left canine presented a horizontal position and was in proximity with the roots of adjacent teeth. Therefore, extraction seems to be the most suitable option. As for the right canine, a more conservative approach

would be adequate and it seems that the use of a mini-screw as a traction auxiliary device would be indicated (to be possible to traction using a mini-screw) (Fig. 7).

This may avoid loss of anchorage and outline periodontal limitations. Patients should be informed about the limitations of these procedures, such as, tooth ankylosis, possible compromise of adjacent teeth during root repositioning and the anatomy and position of the remaining teeth. The decision of tooth traction or extraction should be decided with the patient.

Rehabilitation phase can be done based on implant supported rehabilitation or using a removable partial acrylic denture. Dental-supported prosthesis has a limited prognosis in cases of low R/C ratio. As skeletal prosthesis require too much support on the abutment teeth, this option should be discarded.

In order to improve dental esthetics of conoid teeth, when present, esthetic restorations with composite resin may be held due to the already mentioned limited prognosis offered by fixed prosthesis.



**Fig. 5 – Computed tomography, 3D reconstruction – upper (A) occlusal, (B) right side, (C) front side, (D) left side, (E) posterior side and lower, (F) occlusal, (G) right side, (H) front side, (I) left side, (J) posterior side.**

In conclusion, a multidisciplinary approach is essential to solve this type of cases, covering areas such as genetics, oral surgery, orthodontics, implantology and esthetic dentistry. Comprehensive treatment must be individualized and adjusted to patient needs and, when required, subjected to adjustments in face of individual clinical response. R/C ratio may represent an important determinant and may affect the dental prognosis and complicate the orthodontic treatment and rehabilitation planning, if considering factors such as anchorage and functional and mechanical principles. Especially in orthodontic patients, this problem is emphasized and gets critical dimension, due to the high rate of root resorption in patients with previous root shortenings.

### Ethical disclosures

**Protection of human and animal subjects.** The authors declare that no experiments were performed on humans or animals for this study.

**Confidentiality of data.** The authors declare that they have followed the protocols of their work center on the publication of patient data

**Right to privacy and informed consent.** The authors have obtained the written informed consent of the patients or subjects mentioned in the article. The corresponding author is in possession of this document.

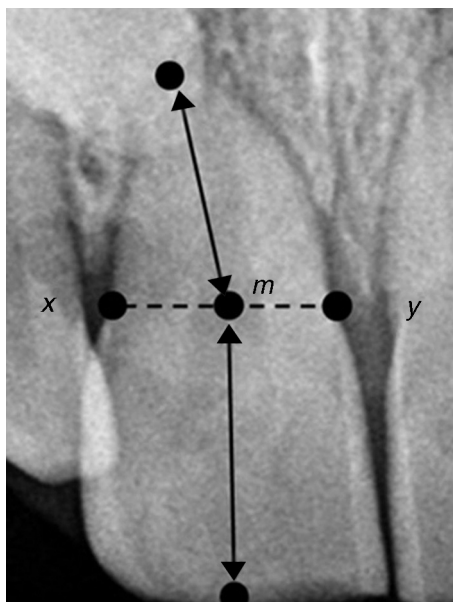


Fig. 6 – Technical procedure measure R/C ratio.

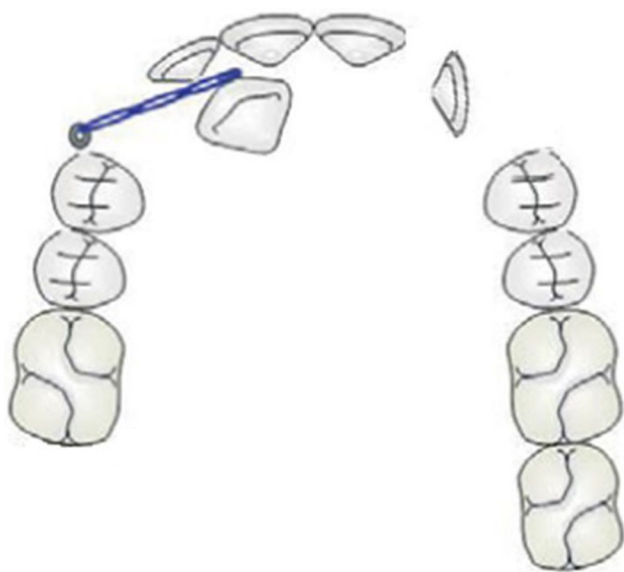


Fig. 7 – Representation of the microimplant location.

### Conflicts of interest

The authors have no conflicts of interest to declare.

### REFERENCES

1. Alfonso IPO, Paez JO, Grossman JAI. Arthrogyposis multiplex congenita. *Int Pediatr.* 2000;15:197-204.
2. Mielnik-Blaszczak M, Borowska M. Arthrogyposis multiplex congenita (AMC) – case report. *Ann Univ Mariae Curie Skłodowska Med.* 2002;57:437-41.
3. Binkiewicz-Glinska A, Sobierajska-Rek A, Bakula S, Wierzbza J, Drewek K, Kowalski IM, et al. Arthrogyposis in infancy, multidisciplinary approach: case report. *BMC Pediatr.* 2013;13:184.
4. Bamshad M, Van Heest AE, Pleasure D. Arthrogyposis: a review and update. *J Bone Joint Surg Am.* 2009;91 Suppl. 4:40-6.
5. Hoff JM, Loane M, Gilhus NE, Rasmussen S, Daltveit AK. Arthrogyposis multiplexa congenita: an epidemiologic study of nearly 9 million births in 24 EUROCAT registers. *Eur J Obstet Gynecol Reprod Biol.* 2011;159:347-50.
6. Hall JG. Arthrogyposis multiplex congenita: etiology, genetics, classification, diagnostic approach, and general aspects. *J Pediatr Orthop B.* 1997;6:159-66.
7. Alves PV, Zhao L, Patel PK, Bolognese AM. Arthrogyposis: diagnosis and therapeutic planning for patients seeking orthodontic treatment or orthognathic surgery. *J Craniofac Surg.* 2007;18:838-43.
8. Hall JG. Arthrogyposis (multiple congenital contractures): diagnostic approach to etiology, classification, genetics, and general principles. *Eur J Med Genet.* 2014.
9. Kargel JS, Dimas VM, Chang P. Orthognathic surgery for management of arthrogyposis multiplex congenita: case report and review of the literature. *Can J Plast Surg (J Can Chir Plast).* 2007;15:53-5.
10. Friedman BD, Heidenreich RA. Distal arthrogyposis type IIB: further clinical delineation and 54-year follow-up of an index case. *Am J Med Genet.* 1995;58:125-7.
11. Beals RK, LaFranchi S. Distal arthrogyposis: a new type with distinct facial appearance and absent teeth. *J Med Genet.* 2001;38:E22.
12. Bolton WA. Disharmony in tooth size and its relation to the analysis and treatment of malocclusion. *AJO.* 1958;28:113-30.
13. Durán JCA, Ustrell JM, Echarri P, Arends MM. La estimuloterapia programada como base para el desarrollo de un protocolo de reeducación funcional oral que nos lleva al concepto de prevención en ortodoncia. *Dentum.* 2008;8: 123-9.
14. Marques LS, Generoso R, Armond MC, Pazzini CA. Short-root anomaly in an orthodontic patient. *Am J Orthod Dentofacial Orthop: Official Publication of the American Association of Orthodontists, its Constituent Societies, and the American Board of Orthodontics.* 2010;138:346-8.
15. Lind V. Short root anomaly. *Scand J Dental Res.* 1972;80:85-93.
16. Jakobsson R, Lind V. Variation in root length of the permanent maxillary central incisor. *Scand J Dental Res.* 1973;81:335-8.